

Botox for Migraine



If you are living with chronic, unmanageable migraines, Botox injections can provide significant relief. These injections use botulinum toxin to reduce the frequency and severity of migraine headaches by relaxing muscles and blocking pain signals.

Our physicians are experts in diagnosing and treating chronic migraines. At Vitruvian Health, we offer personalized treatment plans tailored to your specific needs, helping you return to the activities you enjoy.



Botox for Migraine



FDA Approved: Botox is FDA-approved for treating chronic migraines since 2010.



Action Mechanism: It blocks pain-transmitting chemicals and relaxes muscles to prevent migraines.



Injection Frequency: Injections are typically administered every 12 weeks.



Proven Effectiveness: Botox significantly reduces headache days per month in chronic migraine sufferers.



Comprehensive Relief: It also alleviates other symptoms like nausea and sensitivity to light and sound.

Definition: Botox for migraines is a highly effective, minimally invasive procedure designed to reduce the frequency and severity of chronic migraines. This treatment involves the injection of botulinum toxin into specific areas around the head and neck to prevent migraine headaches.

Procedure:

- **Preparation:** The patient is positioned comfortably to allow easy access to the targeted muscle areas.
- **Injection Sites:** Botox is injected into multiple sites around the head and neck, including the forehead, temples, back of the head, neck, and upper back. Typically, 31 injections are administered in a single session.
- **Guidance:** The physician uses their expertise to accurately target the areas most associated with migraine pain.
- **Duration:** Each session lasts about 5 - 15 minutes and is conducted on an outpatient basis, allowing the patient to go home the same day.

Frequency:

- Botox injections for migraines are usually administered every 12 weeks.
- The exact schedule may vary based on the patient's response to the treatment and the severity of their migraines.
- Most patients require a series of treatments to achieve optimal results.

Expected Results:

- Patients often begin to notice a reduction in the number and severity of migraine days within a few weeks after the injections.
- The effects typically last up to 12 weeks, with significant pain relief and improved quality of life.
- Many patients experience fewer migraine days per month, less intense pain during migraines, and a decrease in other symptoms such as nausea and sensitivity to light and sound.

Follow-Up:

- A follow-up appointment is usually scheduled to assess the effectiveness of the treatment and to plan for future injections if necessary.
- Most patients can resume their normal activities immediately after the procedure, although it is advisable to avoid strenuous activities for the rest of the day.
- Regular follow-up appointments help ensure the continued effectiveness of the treatment and allow adjustments to the treatment plan as needed.

Benefits:

- Botox injections for migraines provide a non-surgical option for chronic migraine sufferers.
- By reducing the frequency and severity of migraines, patients can experience significant improvements in their daily functioning and overall well-being.
- This treatment can be a valuable part of a comprehensive migraine management plan, including lifestyle modifications and other medical treatments.

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